

Patient: **SAMPLE**
PATIENT

DOB:

Sex:

MRN:

2002 CDSA 2.0 w/o Parasitology - Stool

Methodology: MALDI-TOF MS, Automated and Manual Biochemical Methods, Vitek 2® System Microbial identification and Antibiotic susceptibility, Automated Chemistry, GC-FID, Microscopic Evaluation, ELISA, Ion Selective Electrode, Immunoassay, GCMS

Digestion/Absorption

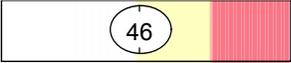
Analyte	Result	Reference Range
1. Pancreatic Elastase 1 ♦		> 200 mcg/g
2. Putrefactive SCFAs (Total*)		1.3-8.6 micromol/g

*Total values equal the sum of all measurable parts.

Digestion/Absorption

Digestion encompasses the functional activities of: mastication, gastric acid production, pancreatic activity, bile production and brush border maintenance. Absorption depends on all of the above actions, as well as a healthy gut mucosal barrier.

Gut Immunology

Analyte	Result	Reference Range
3. Eosinophil Protein X		<= 4.6 mcg/g
4. Calprotectin ♦		<=50 mcg/g

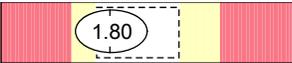
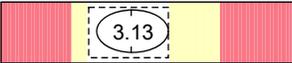
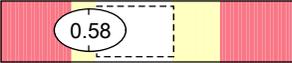
Gut Immunology

Eosinophil Protein X (EPX) reflects IgE-mediated inflammation. Fecal EPX elevations can be associated with several conditions including IBD, IgE-mediated food allergies, parasite or worm infections, and collagenous colitis. Elevated EPX requires further diagnostic testing to determine the cause. Calprotectin is a neutrophilic marker specific for inflammation in the gastrointestinal tract. It may be elevated with IBD, post-infectious IBS, infection, food allergies, neoplasia and use of nonsteroidal anti-inflammatory drugs (NSAIDs). Fecal calprotectin is FDA-cleared to differentiate between IBD and IBS. Levels 50 mcg/g are considered normal; levels between 50-120 mcg/g are considered borderline and should be re-evaluated at 4-6 weeks; levels > 120 mcg/g are considered abnormal, the source of inflammation should be determined, and levels repeated as clinically indicated; and levels > 250 mcg/g have been associated with high risk of clinical relapse in patients with IBD.

Metabolic

Analyte	Result	Reference Range
5. Beneficial SCFAs (Total*)		>= 13.6 micromol/g
6. n-Butyrate		>= 2.5 micromol/g
7. pH		6.1-7.9
8. Beta-glucuronidase		337-4,433 U/g

Secondary Bile Acids

9. Lithocholic acid (LCA)		0.65-5.21 mg/g
10. Deoxycholic acid (DCA)		0.67-6.76 mg/g
11. LCA / DCA Ratio		0.39-2.07

*Total values equal the sum of all measurable parts.

Metabolic

Gut metabolism is representative of the bacterial milieu, primarily through the presence of commensal bacteria. Metabolic activities include: mucous production, vitamin synthesis and absorption, deconjugation of steroid hormones and bile acids, fat regulation, and SCFA metabolism. These metabolic activities require a normal population of commensal bacteria without active bacterial, viral, or parasitic infection.



Microbiology

Bacteriology

12. Beneficial Bacteria

Lactobacillus species	*NG
Escherichia coli	(4+)
Bifidobacterium	(3+)

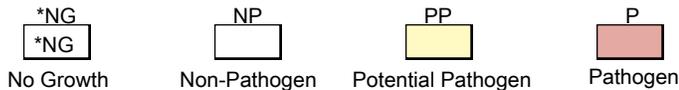
13. Additional Bacteria

alpha haemolytic Streptococcus	NP	(1+)
Staphylococcus aureus	NP	(1+)
Enterococcus faecalis	NP	(2+)
Haemolytic Escherichia coli	NP	(4+)
Citrobacter species	PP	(4+)
Enterobacter cloacae	PP	(4+)

14. Mycology

*NG *NG

Human microflora is influenced by environmental factors and the competitive ecosystem of the organisms in the GI tract. Pathological significance should be based upon clinical symptoms and reproducibility of bacterial recovery.



Microbiology

The Markers in this section reflect the bacteriological status of the gut.

Beneficial bacteria Beneficial flora controls potentially pathogenic organisms, influences nutrient production, removes toxins from the gut and stimulates the intestinal immune system (GALT). The composition of the colonic flora is affected by diet, transit time, stool pH, age, microbial interactions, colonic availability of nutrients, bile acids, sulfate and the ability of the microbes to metabolize these substrates. Ideally, levels of Lactobacilli and E. coli should be 2+ or greater. Bifidobacteria being a predominate anaerobe should be recovered at levels of 4+.

Additional bacteria

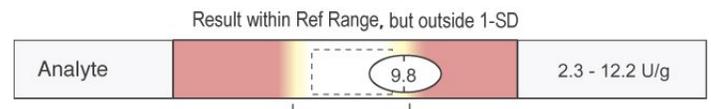
Non-pathogen: Organisms that fall under this category are those that constitute normal, commensal flora, or have not been recognized as etiological agents of disease.

Potential Pathogen: Organisms that fall under this category are considered potential or opportunistic pathogens when present in heavy growth.

Pathogen: The organisms that fall under this category are well-recognized pathogens in clinical literature that have a clearly recognized mechanism of pathogenicity and are considered significant regardless of the quantity that appears in culture.

Mycology: Organisms that fall under this category constitute part of the normal colonic flora when present in small numbers. They may, however, become potential pathogens after disruption of the mucosal lining, which enables fungi to colonize and establish a local infection.

The **Reference Range** is a statistical interval representing 95% or 2 Standard Deviations (2 S.D.) of the reference population. One Standard Deviation (1 S.D.) is a statistical interval representing 68% of the reference population. Values between 1 and 2 S.D. are not necessarily abnormal. Clinical correlation is suggested. (See example below)



Commentary is provided to the practitioner for educational purposes, and should not be interpreted as diagnostic or treatment recommendations. Diagnosis and treatment decisions are the responsibility of the practitioner.

The performance characteristics of all assays have been verified by Genova Diagnostics, Inc. Unless otherwise noted with ♦, the assay has not been cleared by the U.S. Food and Drug Administration.



Additional Tests

19. Occult Blood
In Range
Out of Range

Negative

Analyte	Result	Reference Range
Chymotrypsin		0.9-26.8 U/g

Fecal Fat Distribution

Triglycerides		0.2-3.3 mg/g
Cholesterol		0.2-3.5 mg/g
Long Chain Fatty Acids		1.3-23.7 mg/g
Phospholipids		0.2-8.8 mg/g
Fecal Fat (Total*)		2.6-32.4 mg/g

*Total values equal the sum of all measurable parts.

Chymotrypsin

This proteolytic enzyme is released by the pancreas and activated in the small intestine. Deficiencies of chymotrypsin are indicative of exocrine pancreatic insufficiency. Chymotrypsin may become increased with rapid transit time (i.e. diarrhea).

Fecal Fats

Global assessment of fecal fat is the sum total of triglyceride, cholesterol, phospholipids and long-chain fatty acids. Thus, total fecal fat is a representation of dietary intake, digestion and absorption. The mg fat/ gm stool % correlates with the 72 hour fecal fat study. Thus, increased fecal fat is usually representative of malabsorption. Most dietary fat comes in the form of triglyceride, which is normally 99% absorbed. Only 2/3 of dietary cholesterol is normally absorbed.

Occult blood

Fecal occult blood can be present in the stool sample because of blood loss somewhere in the gastrointestinal system. This could be caused by conditions such as ulcers, polyps, diverticulitis, inflammatory bowel disease or colorectal cancer.

Bacterial Sensitivity

Patient: **SAMPLE
PATIENT**

DOB:

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Asheville, NC 28801
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Prescriptive Agents					
CITROBACTER SPECIES	R	I	S-DD*	S	NI*
Ampicillin	<input type="text" value="R"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Amox./Clavulanic Acid	<input type="text" value="R"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Cephalothin	<input type="text" value="R"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Ciprofloxacin	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text" value="S"/>	<input type="text"/>
Tetracycline	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text" value="S"/>	<input type="text"/>
Trimethoprim/Sulfa	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text" value="S"/>	<input type="text"/>

Natural Agents	
CITROBACTER SPECIES	Low Inhibition High Inhibition
Berberine	<input type="text" value="Low Inhibition"/>
Oregano	<input type="text" value="Low Inhibition"/>
Plant Tannins	<input type="text" value="Low Inhibition"/>
Uva-Ursi	<input type="text" value="Low Inhibition"/>

Prescriptive Agents:

The R (Resistant) category implies isolate is not inhibited by obtainable levels of pharmaceutical agent.

The I (Intermediate) category includes isolates for which the minimum inhibition concentration (MIC) values usually approach obtainable pharmaceutical agent levels and for which response rates may be lower than for susceptible isolates.

* The S-DD (Susceptible-Dose Dependent) category implies clinical efficacy when higher than normal dosage of a drug can be used and maximal concentration achieved.

The S (Susceptible) column implies that isolates are inhibited by the usually achievable concentrations of the pharmaceutical agent.

* NI (No Interpretive guidelines established) category is used for organisms that currently do not have established guidelines for MIC interpretation.

Refer to published pharmaceutical guidelines for appropriate dosage therapy.

Natural Agents:

In this assay, inhibition is defined as the reduction level on organism growth as a direct result of inhibition by a substance. The level of inhibition is an indicator of how effective the substance was at limiting the growth of an organism in an in vitro environment. High inhibition indicates a greater ability by the substance to limit growth, while Low Inhibition a lesser ability to limit growth. The designated natural products should be considered investigational in nature and not be viewed as standard clinical treatment substances.

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Prescriptive Agents					
ENTEROBACTER CLOACAE					
	R	I	S-DD*	S	NI*
Ampicillin	<input type="text" value="R"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Amox./Clavulanic Acid	<input type="text" value="R"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Cephalothin	<input type="text" value="R"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Ciprofloxacin	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text" value="S"/>	<input type="text"/>
Tetracycline	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text" value="S"/>	<input type="text"/>
Trimethoprim/Sulfa	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text" value="S"/>	<input type="text"/>

Natural Agents	
ENTEROBACTER CLOACAE	
	Low Inhibition High Inhibition
Berberine	<div style="width: 75%; background-color: #cccccc;"></div>
Oregano	<div style="width: 60%; background-color: #cccccc;"></div>
Plant Tannins	<div style="width: 75%; background-color: #cccccc;"></div>
Uva-Ursi	<div style="width: 75%; background-color: #cccccc;"></div>

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